

AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				All Ages Stick n Puck 4:00pm-5:20pm	FREE Seniors Skate 11:00am-11:50am 18+ Stick n Puck 12:15pm-1:05pm (1 hour only)	
4	5	6	7	8	9	10
		All Ages Stick n Puck 3:00pm-4:20pm		All Ages Stick n Puck 4:00pm-5:20pm	FREE Seniors Skate 10:45am-11:35am 18+ Stick n Puck 12:00pm-12:50pm (1 hour only)	
11	12	13	14	15	16	17
	18+ Shinny 4:00pm-5:20pm	All Ages Stick n Puck 3:00pm-4:20pm		All Ages Stick n Puck 4:00pm-5:20pm	FREE Seniors Skate 10:45am-11:35am 18+ Stick n Puck 12:00pm-12:50pm (1 hour only)	
18	19	20	21	22	23	24
	18+ Shinny 4:00pm-5:20pm	All Ages Stick n Puck 4:45pm-5:35pm (1 hour only)		All Ages Stick n Puck 4:15pm-5:35pm	FREE Seniors Skate 10:45am-11:35am 18+ Stick n Puck 12:00pm-12:50pm (1 hour only)	
25	26	27	28	29	30	31
	18+ Shinny 4:00pm-5:20pm	All Ages Stick n Puck 4:30pm-5:20pm (1 hour only)		All Ages Stick n Puck 3:15pm-4:45pm	FREE Seniors Skate 10:45am-11:35am 18+ Stick n Puck 12:00pm-12:50pm (1 hour only)	

CSA approved hockey helmets required for all programs
Full equipment required for 18+ Shinny

Adults - \$7
Youth/Students - \$5
Seniors - FREE

www.lakeshorearena.ca

